**East Central Illinois Police Training Project MTU 12**

**TO:** Law Enforcement Administrators

**FROM:** Kevin Koontz, Police Training Director

**DATE:** July 26, 2024

**RE:** Training Announcement

***Breach Point Leadership – “Leadership for Reducing Organizational Stress in Law Enforcement”*** will be held on **Oct 1-2, 2024**at the ILEAS Training Center. This course is certified by the Illinois Law Enforcement Training and Standards Board and approved for the following mandates:

* Crisis Intervention (1.0hrs)
* Human Rights (1.0hrs)
* Officer Wellness and Mental Health (6.0hrs)
* Procedural Justice (3.0hr)

***Course Description:***

This seminar will assist those attending with gaining a distinctly different perspective on the unique and potentially problematic consequences of performing well within a law enforcement culture. Executives, managers and supervisors will examine better ways to reduce their stress and simultaneously garner greater staff compliance with department standards. Leaders will address stressors encountered by the rank and file which influence the pivotal balance between professional and personal relationships. Emphasis will be placed upon executives, managers and supervisors, developing leadership practices and policies that recognize and encourage accomplishment of organizational goals while also taking better care of themselves and the people who serve under their leadership.

Kent Willimas, an experienced law enforcement executive and educator will guide supervisors and managers in understanding a variety of best practice approaches in addressing this problem. A theme of personal leadership will run throughout this seminar and those attending will have ample chance to share their views, develop decision-making models, and actually reflect on better ways to make decisions for themselves and those they lead.

Please register via online registration at MTU12.com **by September 17th.**

**Department Sign-Up Sheet**

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Department Training Staff:

Please use this sheet as an inter-department sign up sheet for staff who are interested in registering for the course. Then, after determining staffing levels, department needs, etc… please visit [www.mtu12.com](http://www.mtu12.com) and register those who will be attending.

East Central Illinois Police Training Project

MTU 12 • Illinois Law Enforcement Training & Standards Board

**Oct 1-2nd, 2024**

**Breach Point Leadership**

**Leadership for Reducing Organization Stress in Law Enforcement**

* Inspiring a new generation
* Removing classic frustrations encountered by all law enforcement officers & the consequences of rewarding cynicism
* How the dynamics of control and trust can negatively influence officer attitudes
* How to lead and inspire those who have been taught to anticipate the worst in everything
* Being an optimistic leader among a sea of professional pessimists
* Overcoming the damaging effects of “the rule bound” and stoic approaches to the job
* Recognizing the symptoms of stress and how police stress differs significantly from other jobs
* Developing a personal and organizational action plan to confront the issues
* Learning to help others overcome unhealthy organizational over-investment
* Why officers are at greater risk for alcohol abuse, divorce, isolation, depression and suicide
* Warning signs of distress and preventative programs to reduce and monitor it

**LOCATION:** ILEAS Training Center **HOURS:** 8:00 am - 4:00 pm

1701 East Main St. **TUITION:** - 0 -

Urbana, Illinois

**INSTRUCTOR:**

**Kent Williams**

Breach Point Consulting