**East Central Illinois Police Training Project MTU 12**

**TO:** Law Enforcement Administrators

**FROM:** Kevin Koontz, Police Training Director

**DATE:** March 22, 2024

**RE:** Training Announcement

***Breach Point – “Personal & Professional Breakthroughs for Police Officers”*** will be held on **May 3rd*, 2024*** at the ILEAS Training Center. It will be followed by the Spouse/Significant Other course **The Best Backup** on **May 4th, 2024.** Both courses are certified by the Illinois Law Enforcement Training and Standards Board and approved for the following mandates:

* Crisis Intervention (0.5hrs Breach Point) (1hr Best Backup)
* Human Rights (0.5hrs Breach Point)
* Officer Wellness and Mental Health (4.0hrs Breach Point) (2.0hrs Best Backup)
* Procedural Justice (1hr Breach Point) (1hr Best Backup)

***Course Description:***

**Breach Point** - In a chaotic and unpredictable world of plummeting moral standards, our nation’s police officers are facing stressors that can have predictable and profoundly negative impact upon their lives, careers and families.  This course will assist those attending in gaining a distinctly different perspective on the unique and potentially problematic consequences of performing well within a law enforcement culture.  Officers, supervisors and those who assist them will reflect upon the traumas and triumphs associated with modern law enforcement, and how these influence the pivotal balance between professional and personal relationships.

**Best Backup** - Our nation’s police officers are facing stressors that can have a predictable and profoundly negative impact on their lives, careers and families.  Officers and their significant others will reflect upon the traumas and triumphs associated with modern law enforcement, and how these influence the pivotal balance between professional and personal relationships.

A theme of personal leadership will run throughout the program, as those attending will have many opportunities to reflect upon the universal journey of a vocation spent in law enforcement.  Guiding principles will assist officers create a deeper, more meaningful career in policing while developing a harmonious and rewarding personal life.

Enrollment is open to law enforcement officers and their spouses or significant others.  Officers in attendance will have their training documented.

Kent Williams, an experienced law enforcement executive and educator, will guide law enforcement personnel in understanding a variety of best practice approaches for addressing these issues.  This training will provide a new set of skills designed to assist contemporary knights maintain a balanced, meaningful and rewarding lifestyle, while maintaining and protecting the nobility found in their servant’s spirit.

Please register officers via online registration at MTU12.com **by April 19th.**

**Department Sign-Up Sheet**

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Department Training Staff:

Please use this sheet as an inter-department sign up sheet for staff who are interested in registering for the course. Then, after determining staffing levels, department needs, etc… please visit [www.mtu12.com](http://www.mtu12.com) and register those who will be attending.

Please note these are two separate courses.

East Central Illinois Police Training Project

MTU 12 • Illinois Law Enforcement Training & Standards Board

**May 3rd, 2024**

**Breach Point**

**Personal & Professional Breakthroughs for Police Officers**

* Removing classic frustrations encountered by police officers
* The caustic risks of performing well in law enforcement
* How the dynamics of control and trust negatively influence officer attitudes
* Learning how to self-motivate on the street, in the agency, and at home
* The consequences of rewarding cynicism
* How to lead and inspire those who anticipate the worst in everything
* Being an optimistic leader among a sea of professional pessimists
* Recognizing the symptoms of stress
* How police stress differs significantly from other jobs
* Preventative programs to reduce and monitor distress
* Why officers are at greater risk for alcohol abuse, divorce, and suicide

**LOCATION:** ILEAS Training Center **HOURS:** 8:00 am - 4:00 pm

1701 East Main St. **TUITION:** - 0 -

Urbana, Illinois

**INSTRUCTOR:**

**Kent Williams**

Breach Point Consulting

East Central Illinois Police Training Project

MTU 12 • Illinois Law Enforcement Training & Standards Board

**May 4th, 2024**

**The Best Backup**

**Family Transitions in Law Enforcement**

* Knowledge as protective armor for the entire family
* What can we learn from Dorothy?
* The impact of rewarded cynicism
* Protecting your family from over exposure to the “real world”
* Stressors unique to the police officer’s family
* Removing classic frustrations encountered by all officers
* The caustic personal effects of performing well in law enforcement
* The dynamics of officer attitudes at work and at home
* Warning signs of distress and preventative methods to reduce it
* Mastering the misunderstood influence of police perspectives
* Why officers are at greater risk for alcohol abuse, divorce, and suicide

**LOCATION:** ILEAS Training Center **HOURS:** 8:00 am - 12:00 pm

1701 East Main St. **TUITION:** - 0 -

Urbana, Illinois

**INSTRUCTOR:**

**Kent Williams**

Breach Point Consulting