**East Central Illinois Police Training Project MTU 12**

**TO:** Law Enforcement Administrators

**FROM:** Kevin Koontz, Police Training Director

**DATE:** December 14, 2023

**RE:** Training Announcement

***Breach Point – “Personal & Professional Breakthroughs for Police Officers”*** will be held on **February 21st*, 2025*** at the ILEAS Training Center. This course is certified by the Illinois Law Enforcement Training and Standards Board and approved for the following mandates:

* Crisis Intervention (0.5hrs)
* Human Rights (0.5hrs)
* Officer Wellness and Mental Health (4.0hrs)
* Procedural Justice (1.0hr)

***Course Description:***

In a chaotic and unpredictable world of plummeting moral standards, our nation’s police officers are facing stressors that can have predictable and profoundly negative impact upon their lives, careers and families.  This course will assist those attending in gaining a distinctly different perspective on the unique and potentially problematic consequences of performing well within a law enforcement culture.  Officers, supervisors and those who assist them will reflect upon the traumas and triumphs associated with modern law enforcement, and how these influence the pivotal balance between professional and personal relationships.

Kent Williams, an experienced law enforcement executive and educator, will guide law enforcement personnel in understanding a variety of best practice approaches for addressing these issues.  This training will provide a new set of skills designed to assist contemporary knights maintain a balanced, meaningful and rewarding lifestyle, while maintaining and protecting the nobility found in their servant’s spirit.

Please register officers via online registration at MTU12.com **by February 7th.**

**Department Sign-Up Sheet**

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Department Training Staff:

Please use this sheet as an inter-department sign up sheet for staff who are interested in registering for the course. Then, after determining staffing levels, department needs, etc… please visit [www.mtu12.com](http://www.mtu12.com) and register those who will be attending.

East Central Illinois Police Training Project

MTU 12 • Illinois Law Enforcement Training & Standards Board

**February 21, 2025**

**Breach Point**

**Personal & Professional Breakthroughs for Police Officers**

* Removing classic frustrations encountered by police officers
* The caustic risks of performing well in law enforcement
* How the dynamics of control and trust negatively influence officer attitudes
* Learning how to self-motivate on the street, in the agency, and at home
* The consequences of rewarding cynicism
* How to lead and inspire those who anticipate the worst in everything
* Being an optimistic leader among a sea of professional pessimists
* Recognizing the symptoms of stress
* How police stress differs significantly from other jobs
* Preventative programs to reduce and monitor distress
* Why officers are at greater risk for alcohol abuse, divorce, and suicide

**LOCATION:** ILEAS Training Center **HOURS:** 8:00 am - 4:00 pm

1701 East Main St. **TUITION:** - 0 -

Urbana, Illinois

**INSTRUCTOR:**

**Kent Williams**

Breach Point Consulting