

# DISASTER PREPAREDNESS AND SURVIVAL: A GUIDE FOR INDIVIDUALS, FAMILIES, AND COMMUNITIES

PER-334

DHS/FEMA-funded course



FEMA

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When it comes to disasters, it's not a matter of "if", but "when". The Disaster Preparedness and Survival course is designed to prepare individuals, families, and communities how to prepare for, survive, and recover from a disaster. When facing a disaster our choice often comes down to stay at home or evacuate. In this course participants will learn the logic behind the decision to evacuate or shelter in place and how to help themselves, their families, and their communities after the dust settles. Through a combination of facilitated discussions and hands-on activities based on real-life scenarios, the instructors will demonstrate how planning, preparedness, and responsible actions may increase the chances of both surviving a disaster and recovering from it more quickly.

## Upon successful completion, you will be able to:

- Describe the elements involved in disaster preparation.
- Explain how to survive various disasters, perform self-rescue, choose whether to shelter in-place or evacuate, and report status.
- Demonstrate how to search for, rescue, and care for others safely and effectively.
- Articulate the steps to take following a disaster to initiate the recovery process.
- Select a disaster survival strategy.

## FEMA / SID Number

Students must register and bring a copy of their SID number to class. Register online:  
[cdp.dhs.gov/femasid](http://cdp.dhs.gov/femasid)

## Recommendations

none

## Course Length

1.5 Days (12 hours)

## Venue

Jurisdiction

## Participants

The target audience encompasses the whole community, including, but not restricted to:

- Community Emergency Response Teams (CERT)
- Religious and Community Organizations
- Volunteer Fire Departments
- Youth Organizations
- Non-Governmental Organizations (NGO)
- Families and individuals
- Other Interested Members of the Community

For more information, contact:

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