

Family Readiness

(4-Hour Workshop)

All families need to find balance between home and work. For First Responder families this is challenged even more by the nature of the work. This course will focus on ensuring families understand how first responder culture may affect their loved one, help them identify resources available, and assist with developing a readiness plan for the family. *Responders are encouraged to attend with their family members.*

Outcomes:

PREPARATION

- 1) Differentiate first responder cultures from other professions.
- 2) Recognize the effects of stress.

PARTNERSHIP

- 3) Identify at least five resources for officers in your agency.

PREVENTION - A RANGE of Options

- 4) Cultivate family resilience by applying RANGE Resilience.
- 5) Develop a family readiness plan.

Conference Presentations and Keynotes:

In our vast network of experienced first responders, agency leaders, mental health providers, and family members we have just the right speaker for your event.

*Steve Hough and Jeff McGill
speaking to Axon Employees*

