

East Central Illinois Police Training Project

MTU 12 • Illinois Law Enforcement Training & Standards Board



March 31, 2021

Mental Health Awareness

- The mental health system and its impact on law enforcement
- Facts and myths associated with mental illness
- Dispelling common misconceptions
- Mental illness symptoms and behaviors
- The implications of co-occurring disorders
- Tactical communication and decision making
- Suicide, risk management, and response
- Mental health treatment options and resources
- Medications: anti-depressant, anti-psychotic, 24-hour pharmacy
- Operational safety, custody, and transport
- De-escalation, active listening, and other tools for success

LOCATION: ILEAS Training Center
Auditorium
1701 E. Main Street
Urbana, Illinois

HOURS: 8:00 am - 4:00 pm

TUITION: - 0 -

INSTRUCTOR:

Sgt. Emily Hejna

Alton Police Department

(Emily has served as a CIT Officer and evaluator for the 40-hour CIT course)

This course is funded by the Illinois Law Enforcement Training & Standards Board through its Crisis Intervention Team (CIT) Training Program.

COVID-19

Training Guidelines & Protections

ILEAS Auditorium

1. Students should report to the training site with a mask and writing pen.
2. All students must be registered to attend.
3. Students should stay home if they are experiencing flu-like symptoms.
4. Room capacity will be limited to 50 persons, including staff and instructors.
5. The Auditorium will be set to ensure 6 feet physical distancing between all students.
6. Students shall wear masks at all times when inside the ILEAS facility.
7. Hand sanitizer stations will be available for participant use.
8. Multiple bathrooms will be available for participant use and frequent handwashing.
9. Auditorium chairs, tables, and surfaces will be disinfected prior to each training day.
10. All bathroom facilities will be disinfected prior to each training day.
11. Air purifiers will be placed in the room to eliminate airborne viruses and bacteria.

State Mandates

This course meets state guidelines for the following mandated training areas:

- Law Update (annual)
- Use of Force (annual)
- Human Rights (3 year)
- Mental Health Awareness (3 year)
- Officer Wellness (3 year)
- Procedural Justice (3 year)

There is no tuition fee for this program. Registrations from out-of-region agencies are welcome and will be accepted on a first come, first served basis.

TO REGISTER CONTACT:

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Police Training Coordinator
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OR REGISTER ONLINE AT:

www.mtu12.com