**East Central Illinois Police Training Project MTU 12**

**TO:** Law Enforcement Administrators

**FROM:** Kevin Koontz, Police Training Director

**DATE:** March 15, 2024

**RE:** Training Announcement

***Rescuing the Rescuers*** will be held on **April 29th, 2024** at the ILEAS Training Center. This course is certified by the Illinois Law Enforcement Training and Standards Board for the following mandates:

* Constitutional & Proper Use of Law Enforcement Authority (1.0hr)
* Officer Wellness & Mental Health Awareness (4.0hr)
* Procedural Justice (2.0hrs)

***Course Description:***

This contemporary mental health training class will assist supervisors, trainers and officers in recognizing trauma stress reactions in others, particularly the signs of vicarious traumatization & secondary traumatic stress along with learning the process of demobilization and critical incident stress management/debriefing.

This course is instructed by Dr. Robert Cipriano, Jr.

Please register officers via online registration at MTU12.com **by April 15th**.

**Department Sign-Up Sheet**

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Department Training Staff:

Please use this sheet as an inter-department sign up sheet for staff who are interested in registering for the course. Then, after determining staffing levels, department needs, etc… please visit [www.mtu12.com](http://www.mtu12.com) and register those who will be attending.

East Central Illinois Police Training Project

MTU 12 • Illinois Law Enforcement Training & Standards Board

**April 29th, 2024**

**Rescuing the Rescuers**

* Post-Traumatic Stress – Signs & Symptoms
* Signs from Stress
* Law Enforcement Suicide
* Cultural Sensitivity
* Conflict Resolution

**LOCATION:** ILEAS Training Center **HOURS:** 8:00 am - 4:00 pm

1701 East Main St. **TUITION:** - 0 -

Urbana, Illinois

**INSTRUCTOR:**

**Dr. Robert J. Cipriano, Jr.**