



FORCE SCIENCE

FUNDAMENTALS
OF

REALISTIC DE-ESCALATION

8 TRAINING HOURS



WHEN

APRIL – JUNE

WHERE

Effingham | Urbana | Plainfield
Kankakee | Peoria | Des Plaines

Please see last two pages for the location and registration details!

Free Training for Illinois Law Enforcement

This complimentary training is provided by ILEAS and funded through the **Less Lethal Alternatives for Law Enforcement Grant**. This opportunity is made possible in cooperation with ICJIA.

COURSE DESCRIPTION

Overview

Law enforcement professionals are under increasing pressure to prioritize de-escalation techniques during potential force encounters. This program recognizes the challenging demands placed on officers to achieve compliance without resorting to physical force. However, in certain situations, not using physical force may not be practical or safe. The primary goal of de-escalation tactics is to achieve a satisfactory outcome with the least possible force while maintaining officer safety.

This course aims to equip attendees with essential skills to accurately assess individual actions during potentially violent confrontations. Emphasis will be placed on easy-to-understand tactics to diffuse situations and prevent use-of-force crises. Scientific principles are employed to enhance law enforcement officers' de-escalation efforts, with the objective of applying these principles in both officer training and in the field.

Course Objectives

Participants who successfully complete this training will be able to:

- Define "de-escalation," its objectives, and its situational limitations.
- Discuss the tactical principles of de-escalation, including risk assessment and decision-making.
- Quickly evaluate an interaction to determine whether de-escalation is feasible and likely to succeed.
- Apply the Force Science approach, such as the "Response-ability Zone" and the "De-Escalation Evaluation Model," to evaluate de-escalation tactics.
- Utilize the "Behavior Influence Stairway Model" to establish rapport and persuade difficult subjects, including those with mental illness.
- Combine human performance research, subject behavior observations, and psychological negotiation tactics to enhance de-escalation efforts.
- Use the "Thought/Emotion Behavior" (TEB) Matrix to identify a subject's thought processes and choose appropriate persuasion strategies.
- Maximize response options while minimizing emotional or physical escalation.
- Balance conflict resolution with officers and public safety.
- Identify and address common communication barriers, including active listening.
- Discuss how de-escalation techniques align with "fair and impartial" and "rightful policing" principles.
- Assist in reviewing uses of force to evaluate the potential for de-escalation.
- Educate community members and media on realistic de-escalation and challenges to successful outcomes.

REGISTRATION | FUNDAMENTALS COURSE

March 18, 2025

Effingham Police Department

110 S 3rd St
Effingham, IL 62401

Please contact Deputy Chief Kurt Davis
kdavis@effinghamil.com | 217-347-0774 Ext. 5343

April 14, 2025

Illinois Law Enforcement Alarm System (ILEAS)

1701 E. Main St.
Urbana, IL 61802

Register Online [Click Here!](#)

April 15, 2025

Plainfield Fire Protection District

23748 W 135th St
Plainfield, IL 60544

Please Contact John Perona (MTU16)
jperona@tri-river.org | 815-585-3150

REGISTRATION | FUNDAMENTALS COURSE

May 12, 2025

Kankakee County Sheriff's Office

3000 S Justice Way
Kankakee, IL 60901

Please contact John Perona (MTU16)
jperona@tri-river.org | 815-585-3150

May 28, 2025

Central Illinois Police Training Center MTU #7

5407 N. University Ave
Peoria, IL 61614

Please contact Heather Grove
hgrove@icc.edu | 309-690-7355

June 24, 2025

Force Science Training Center

2700 S River Road, Suite 300 (Third Floor)
Des Plaines, IL 60018

Register Online [Click Here!](#)